

**U. T. ADMINISTRATION OF DAMAN AND DIU
ASHRAMSHALA,
GOVERNMENT HIGHER SECONDARY SCHOOL, ZARI,
MOTI DAMAN**

FTS No: 343 /GHSSZ/2018

No.GHSSZ/Food-Grain&veg/AS/2018-19/

Dated:06 /11 /2018

LIMITED TENDER NOTICE

The Head Master Govt. Higher Secondary School, Zari, Moti Daman on behalf of President of India invites Limited Tender for Foodgrains &Vegetables for Tribal Students of Govt Ashram Shala, Zari.

Sr. No.	Description of Items	EMD in the from of FDR 3%	Tender fees	Remarks
1	Foodgrains&Vegetables	13326/-	500/-	Food Grains Quarterly basis&Vegetables weekly thrice.

Tender documents shall be directly downloaded from official website: www.nic.daman.in. and to be submitted in the office of the Head Master, Govt. Higher Secondary School, Zari, Moti Daman with tender fee Rs 500/- in the form of DD in favor of "The Head Master, Govt Higher Sec School , Zari". The Last date for receipt of limited tender is 20/11/2018 at 10 am.



(B. Kannan)
Head Master,
Govt. Higher Secondary School, Zari,
Moti Daman.

(ANNEXURE-II)

TENDER NOTICE NO.GHSS/FoodGrain&veg/AS/2018-19/

Date:- /07/2017

Sr. No.	Supplementary foods items like Cereals.	Nutritional Information (Approximate composition per 100g, 1 kg & 25 kg etc.)	Grade/Trade Mark/ Brand Name	Rate Per kg.
Grocery Items				
1)	Lapsi/Fada	Calories - 361.90 cal, Total Fat - 1.10 g, Saturated Fat - 0.19 g, Polyunsaturated Fat - 0.45g, Monounsaturated Fat - 0.13g, Trans Fat - 0g, Cholesterol - 0mg, Sodium - 9.00mg, Total Carbohydrate - 75.55g, Dietary Fiber - 8.90g, Sugar - 0mg, Protein - 12.45g, Vitamin A - 0mg, Vitamin C - 0mg, Calcium - 36.00 mg, Iron - 3.86mg		
2)	Jaggry (Gur)	Best Quality		
3)	Veg. Ghee	Energy - 900 kcal, Protein - 0g, Carbohydrates - 0g, Fat - 100 g, Vitamin A - 750 mcg, Vitamin D - 5 mcg		
4)	Toor Dal	Calories, Kcal- 374.09, Fat - 3.41 g, Total Saturated Fat - 1.56g, Total Monounsaturated Fat - 0.79, Total Polyunsaturated Fat - 1.05, Trans Fat - 0.00 gm, Cholesterol - 0.00 gm, Sodium, mg - 19.00, Total Carbohydrate - 66.53 gm, Fiber - 0.46 gm, Sugar - 2.25 gm, Protein - 20.89 gm, Vitamin A, mcg - 4.08, Vitamin C, mg - 2.00%, Calcium, mg - 251.24, Iron, mg - 7.21		
5)	Turmeric Powder	Calories - 352.97 Kcal, Total Fat - 3.89g, Saturated Fat - 3.49g, Polyunsaturated Fat - 0.24g, Monounsaturated Fat - 0.15g, Trans Fat - 0g, Cholesterol - 0mg, Sodium - 85.1g, Total Carbohydrate - 72.60g, Dietary Fiber - 19.82g, Sugars - 0g, Protein - 6.89g, Vitamin A - 2.70ug, Vitamin C - 14.02mg, Calcium - 46 mg, Iron - 32.57mg		

